

Megan M. Walsh

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ACADEMIC APPOINTMENTS

Saint Mary's University – September 2022 to Present
Assistant Professor, Sobey School of Business, Management

University of Saskatchewan – 2017 to 2022
Assistant Professor, Edwards School of Business, Human Resources and
Organizational Behaviour [Maternity leave taken in 2021]

Memorial University of Newfoundland – September 2015 – August 2017 Per-course
Instructor, Faculty of Business Administration

EDUCATION

Ph.D. in Management, 2013-2017
Faculty of Business Administration, Memorial University of Newfoundland
Concentration: Organizational Behaviour and Human Resource Management
Dissertation title: *Mindfulness at work: Implications for leaders and followers*
Supervisor: Dr. Kara A. Arnold

Master of Employment Relations, August 2013
Memorial University of Newfoundland

Bachelor of Arts, May 2012
Memorial University of Newfoundland
Major: Communications Studies
Minor: Psychology

RESEARCH

Refereed Journal Articles (* student)

1. Walsh, M. M., Lyubykh, Z., & Arnold, K. A. (In Press). The reduction of passive leadership behaviours through leader mindfulness. *Journal of Personnel Psychology*. (IF = 1.6, ABDC = B).

2. Walsh, M. M., Carleton, E. L., Ziemer, J.*, & Ortynsky, M.* (2023). The salience of remote leadership: Implications for follower self-control and work-life balance. *International Journal of Manpower*. <https://doi.org/10.1108/IJM-12-2022-0652> (IF = 3.295, ABDC = A).
3. Ortynsky, M.*, Walsh, M. M., Carleton, E. L., & Ziemer, J.* (2023). Leaders' emotional labour and abusive supervision: The moderating role of mindfulness. *Stress & Health*. <https://doi.org/10.1002/smi.3298> (IF = 3.454, ABDC = A).
4. Walsh, M. M., Carleton, E. L., Hancock, A. J., & Arnold, K. A. (2022). Mindfulness and stereotype threat in social media: Unexpected effects for women's leadership aspirations. *Gender in Management: An International Journal*, 37(4), 535-548. <https://doi.org/10.1108/GM-11-2020-0341> (IF = 3.337, ABDC = C). **Winner of Outstanding Paper Award, Emerald Publishing, August 2023.**
5. Hancock, A., Gellatly, I., Walsh, M. M., Arnold, K. A., Connelly, C. E. (2021). Good, bad, and ugly leadership patterns: Implications for followers' work-related and context-free outcomes. *Journal of Management*. 49(2), 640-676 <https://doi.org/10.1177/01492063211050391> (IF = 13.508, ABDC = A*)
6. Kraichy, D. & Walsh, M. M. (2021). Hindering talented employees' internal mobility: Managers' territorial response to stress. *Journal of Managerial Psychology*, 37(1), 76-89. <https://doi.org/10.1108/JMP-02-2021-0054> (IF = 4.043, ABDC = B)
7. Walsh, M. M. & Arnold, K. A. (2020). The bright and dark sides of employee mindfulness: Leadership style and employee well-being. *Stress & Health*, 36(3), 287-298. <http://dx.doi.org/10.1002/smi.2926> (IF = 3.454, ABDC = A)
8. Walsh, M. M. & Arnold, K. A. (2018). Mindfulness as a buffer of leaders' self-rated behavioral responses to emotional exhaustion: A dual process model of self-regulation. *Frontiers in Psychology*, 9(2498), 1-15. <https://doi.org/10.3389/fpsyg.2018.02498> (IF = 4.232)
9. Arnold, K. A., Connelly, C. E., Gellatly, I. R., Walsh, M. M., & Withey, M. J. (2017). Using a pattern-oriented approach to study leaders: Implications for burnout and perceived role demand. *Journal of Organizational Behavior*, 38(7), 1038-1056. <https://doi.org/10.1002/job.2182> (IF = 10.079, ABDC = A*)
10. Arnold, K. A., Loughlin, C., & Walsh, M. M. (2016). Transformational leadership in an extreme context: Examining gender, individual consideration and self-sacrifice. *Leadership and Organization Development Journal*, 37(6), 774-788. <http://dx.doi.org/10.1108/LODJ-10-2014-0202> (IF = 3.924, ABDC = B)

11. Arnold, K. A., & Walsh, M. M. (2015). Customer incivility and employee well-being: Testing the moderating effects of meaning, perspective taking and transformational leadership. *Work & Stress*, 29(4), 362-378.
<https://doi.org/10.1080/02678373.2015.1075234> IF = 3.140, ABDC = A)
12. Arnold, K. A., Connelly, C. E., Walsh, M. M., & Martin Ginis, K. A. (2015). Leadership styles, emotion regulation, and burnout. *Journal of Occupational Health Psychology*, 20(4), 481-490.
<https://psycnet.apa.org/doi/10.1037/a0039045> (IF = 7.707, ABDC = A)
13. Walsh, M. M., Dupré, K., & Arnold, K. A. (2014). Processes through which transformational leaders affect employee psychological health. *Zeitschrift fuer Personalforschung. German Journal of Research in Human Resource Management*, 28(1-2), 162-172. <https://www.jstor.org/stable/24332807> (IF = 2.935, ABDC = B)

Book chapters (* student)

1. Ortynsky, M.*, Walsh, M. M., & Carleton, E. L. (In Press) Stereotype threat. In J. Helms Mills, A.J. Mills, K.S. Williams, & R. Bendl. (Eds.). *SAGE Encyclopedia of Gender in Management*, Cheltenham: Elgar.
2. Wang, L.*, Walsh, M. M., & Holmvall, C. M. (In Press). Gender and Incivility. In J. Helms Mills, A.J. Mills, K.S. Williams, & R. Bendl. (Eds.). *SAGE Encyclopedia of Gender in Management*, Cheltenham: Elgar.
3. Walsh, M. M., & Arnold, K. A. (2017). Mindful leadership and employee well-being: The mediating role of leader behaviours. In E. K. Kelloway, K. Nielsen & J. Dimoff (Eds.), *Leading to Occupational Health and Safety: How Leadership Behaviours Impact Organizational Safety and Well-Being*. London: Wiley-Blackwell.

Conference Proceedings

1. Hancock, A. J., Gellatly, I. R., Walsh, M. M., Arnold, K. A., Connelly, C. E. (2018). How do followers see their leaders and does it matter?: Insights from a person-centered analysis. *Academy of Management Proceedings*, vol. 2018, issue 1. Published online July 9, 2018. <https://doi.org/10.5465/AMBPP.2018.235>.

Refereed conference presentations (* student)

1. Mercer, D., Scheuer, C., Walsh, M. M., McNally, C., Agnihotri, N.*, Arnold, K. A., Loughlin, C., & Chalise, S.* (2023, August) Managers' allyship for women's advancement: Scale development. To be presented at the *Academy of Management*. Boston, MA.

2. Ortynsky, M.*, Walsh, M. M., Carleton, E., & Ziemer, J*. (2023, June). *Leaders' deep acting and abusive supervision: The buffering role of mindfulness*. Presented at the European Academy of Management. Dublin, Ireland.
3. Hancock, A., Walsh, M. M., Venz, L., Arnold, K. A., Connelly, C. E., Gellatly, I. (2023, May). *Improv(ing) interpersonal skills: Results of a pilot training intervention study*. Presented at European Association of Work and Organizational Psychology. Katowice, Poland.
4. Ortynsky, M.*, Hundseth, A. *, Carleton, E., & Walsh, M. (2022, June). *Gendered Perceptions of Unethical Leadership: The Role of Agency in Three Experimental Vignettes*. Poster at Canadian Psychological Association's 83rd Annual National Convention. Calgary, Alberta.
5. Ortynsky, M.*, Hundseth, A. *, Carleton, E., & Walsh, M. (2022, August). *Leader's Deep Acting and Daytime Sleepiness Predicts Abusive Supervision*. Presented at the 82nd Annual Meeting of the Academy of Management. Seattle, Washington.
6. Walsh, M., Carleton, E., Ortynsky, M.*, Choi, E., Hancock, A., & Arnold, K. A. (2022, August). *The Benefits of a Mindfulness Training Program for Women Leaders during the Covid-19 Pandemic*. In A. Gupta & C. Reina (Chairs) Mind(fulness) Over Matter: Mechanisms to Facilitate Work Functioning. Presented at the 82nd Meeting of the Academy of Management. Seattle, Washington.
7. Hundseth, A. *, Carleton, E. L., Walsh, M., & Ortynsky, M*. (2022, January). *The outcomes of unethical behavior for women leaders*. Poster at European Association of Work and Organizational Psychology Congress 2022. Glasgow, Scotland. [withdrew due to Covid-19 restrictions]
8. Ortynsky, M. L.*, Carleton, E. L., & Walsh, M. M. (2021, June). *Sleepiness and bias against hiring women into leadership positions*. Presented at Canadian Psychological Association's 82nd Annual National Convention Virtual Event.
9. Ortynsky, M. L.*, Walsh, M. M., & Carleton, E. L. (2021, June). *Backlash towards women as managers receiving promotion: Experimental vignette study*. Presented at Administrative Sciences Association of Canada Conference 2021 Virtual Conference.
10. Saleski, A. *, Walsh, M. M., & Carleton, E. L. (2021, June). *The role of chronic stereotype threat on women leaders' levels of anxiety in predicting passion for leadership*. Presented at Administrative Sciences Association of Canada Conference 2021 Virtual Conference.

11. Hundseth, A.*, Carleton, E. L. & Walsh, M. M. (2021, June). *Gendered perceptions of Ethical Leadership and outcomes for women leaders: An Experimental Vignette Study*. Presented at Administrative Sciences Association of Canada Conference 2021 Virtual Conference.
12. Ortynsky, M.*, Carleton, E., & Walsh, M. M. (2020, June). *Sleepiness, mindfulness, and bias against hiring women into leadership positions*. Paper presented at ASAC conference, online. **Winner best student paper**.
13. Walsh, M. M., Carleton, E., Hancock, A.*, & Arnold, K. A. (2019, August). *Stereotype threat and leadership aspirations: The buffering role of mindfulness*. In I. Igic & U. Hulsheger (co-chairs), *Benefits of Mindfulness for Leadership, Performance and work engagement*, Symposium conducted at the Academy of Management conference, Boston, MA.
14. Walsh, M. M., Carleton, E., Hancock, A.*, & Arnold, K. A. (2019, June). *Women's leadership aspirations and stereotype threat: Investigating sleep as a buffer*. Paper presented at EAWOP small group meeting on Leadership and Health/well-being, June 20-22, Exeter UK.
15. Arnold, K. A., Connelly, C. C., Gellatly, I. R., Hancock, A. J., & Walsh, M. M. (2019, June). *A theoretical model describing how and when leader stress in middle managers predicts destructive leadership behavior*. Paper presented at EAWOP small group meeting on Leadership and Health/well-being, June 20-22, Exeter UK.
16. Walsh, M. M., & Arnold, K. A. (2019, May). *Leadership style and employee well-being: The moderating role of mindfulness*. Poster presented at EAWOP, May 29-June 2, Turin Italy.
17. Walsh, M. M., Arnold, K. A., & Warren, A. M. (2018, June). *Finding meaning in a stigmatized context: Emotion work and well-being for funeral directors*. Paper presented at the European Academy of Management conference, Reykjavik, Iceland.
18. Hancock, A. J., Walsh, M. M., Arnold, K. A., Connelly, C. E., & Gellatly, I. R. (2018, June). *Leadership, commitment and turnover intentions: The moderating role of employee vulnerability*. Paper presented at the European Academy of Management conference, Reykjavik, Iceland.
19. Rosales, J. M., Campbell, V. L. S., Walsh, M. M., & Arnold, K. A. (2018, November). *Mindfulness training for university students on work placements*. Poster presented at the International Symposium for Contemplative Research, Phoenix, Arizona.

20. Walsh, M. M., & Arnold, K. A. (2017, August). Burnout and leadership style: The moderating effect of mindfulness. In A. Cloutier (Organizer), *Leaders' physical and mental well-being: Antecedents, expectations and outcomes*, Symposium conducted at the Academy of Management conference, Atlanta, GA.
21. Walsh, M. M., Arnold, K. A., & Connelly, C. E. (2017, June). *Somehow they manage: Playing it safe under stress*. Poster presented at Work Stress and Health conference, Minneapolis, MN.
22. Walsh, M. M. (2016, August). Mindfulness and resource gain for women leaders. In S. J. Creary & C. L. McCluney (co-chairs), *Resisting and cultivating: How marginalized women construct positive leader identities at work*. Symposium conducted at the Academy of Management conference, Anaheim, CA.
23. Arnold, K. A., Connelly, C. E., Gellatly, I. R., Walsh, M. M., & Withey, M. J. (2016, August). *Leader burnout and role demands: A pattern-oriented approach*. Paper presented at the Academy of Management conference, Anaheim, CA.
24. Walsh, M. M. (2016, June). *Mindful leadership and employee well-being*. Poster presented at the meeting of the Canadian Positive Psychology Association, Niagara-on-the-lake, ON.
25. Walsh, M. M. (2015, June). *Challenges for women in leadership: A resource-based model of stress differences*. Paper presented at Administrative Sciences Association of Canada. Halifax, NS.
26. Walsh, M. M., & Arnold, K. A. (2015, June). *Managing a mobile workforce: Stakeholder theory and retention of fly-in/fly-out employees*. Paper presented at Administrative Sciences Association of Canada. Halifax, NS.
27. Walsh, M. M., Arnold, K. A., Connelly, C. E., Withey, M. J., & Gellatly, I. R. (2015, June). *Leadership profiles: Conceptual and methodological advantages of a leader-centered model of management behavior*. Paper presented at Administrative Sciences Association of Canada. Halifax, NS.
28. Walsh, M. M. (2014, May). *Leadership and stress: A resource-based approach*. Paper presented at Administrative Sciences Association of Canada. Muskoka, ON.
29. Walsh, M. M., Arnold, K. A., & Loughlin, C. (2013, June). *Vision, gender and contextual influences: Examining participative versus directive visioning styles in male and female leaders across three contexts*. Paper presented at European Academy of Management. Istanbul, Turkey.

30. Arnold, K. A., & Walsh, M. M. (2013, June). *Customer incivility and employee well-being: Testing the moderating effects of meaning, perspective taking and transformational leadership*. Paper presented at Administrative Sciences Association of Canada. Calgary, AB.

MANUSCRIPTS UNDER REVIEW AND WORKING PAPERS

Manuscripts under review or revision

1. Choi, E., Carleton, E., Walsh, M. M., Hancock, A. (Second round R & R). Mindful social media behavior: How mindfulness buffers the negative effects of social media usage on work effort through self-control. *Behaviour and Information Technology*
2. Walsh, M. M., Mercer, D., Arnold, K. A. & Loughlin, C. Visionary female leadership: Context matters. (First round R&R). *Leadership and Organization Development Journal*
3. Walsh, M. M., Carleton, E., Ortynsky, M., Choi, E., Hancock, A. & Arnold, K. A. The benefits of a mindfulness training program for female leaders during the COVID-19 pandemic: Implications for work/family interference. (Under review) *Gender, Work and Organization*

Selected working papers

1. Walsh, M. M., Carleton, E., Hancock, A. & Arnold, K. A. The role of chronic stereotype threat in predicting women leaders' burnout, motivation to lead and employee well-being (Manuscript stage; target: *Journal of Vocational Behavior*)
2. Walsh, M. M. & Lyubkyh, Z. The dark side of employee mindfulness: Implications for abusive supervision, interactional justice and employee well-being (Manuscript stage; target: *Journal of Business Ethics*)
3. Agnihotri, N.*, Scheuer, C., Walsh, M. M., Mercer, D., Arnold, K. A., Loughlin, C., & Chalise, S. (2023, August) Managers' allyship for women's advancement: Scale development. (Manuscript stage; target: *Equality Diversity and Inclusion*)
4. Carleton, E., Lyubkyh, Z., Walsh, M. M. & Turner, N. Gendered bias against the promotion of women into leadership roles: The role of sleep in promotion decisions. (Data collection stage; target: *Journal of Applied Psychology*)
5. Carleton, E., Wang, L.*, & Walsh, M. M. Gendered perceptions of ethical leadership and the outcomes for women leaders: Experimental vignette study. (Manuscript stage; target: *Journal of Business Ethics*).

RESEARCH GRANTS

External grants

Year	Funding Source	Title	Amount	Role
2022-2024	SSHRC Explore	<i>The effects of manager talent hindering on employee turnover intentions</i>	\$7,000	Co-investigator
2021-2023	SSHRC Explore	<i>The Role of Gender Stereotypes in Advertising and Mindfulness on Leadership Aspirations and Perceived Respect</i>	\$7,000	Co-investigator
2020-2022	SSHRC Explore	<i>Gendered perceptions of ethical leadership and the outcomes for women leaders</i>	\$6,965	Co-investigator
2019-2023	SSHRC Insight Grant	<i>Stress and destructive leadership: Causes, conditions, and the mitigating role of mindfulness</i>	\$184,657	Co-investigator
2019-2021	SSHRC Insight Development Grant	<i>Sleepiness, mindfulness, and bias against women in leadership</i>	\$57,541	Co-investigator
2018-2020	SSHRC Insight Development Grant	<i>Addressing stereotype threat for women in leadership: The role of mindfulness</i>	\$64,871	Principal Investigator
2018-2019	SSHRC Explore	<i>Mindfulness at work: An experimental investigation</i>	\$6,990	Principal Investigator
2017	ASAC	<i>Mindfulness at work: An experimental investigation</i>	\$2,500	Principal Investigator

Internal grants

Year	Funding Source	Title	Amount	Role
2023-2025	Saint Mary's University	<i>Ethical leadership: Gender-biased perceptions of women leaders</i>	\$15,000	Principal investigator

2022-2023	RISE Grant Cape Breton University	<i>Gendered predictors of leadership aspirations in a post-covid workforce</i>	\$7,569.92	Co-investigator
2022	Saint Mary's University	<i>The dark side of employee mindfulness</i>	\$5,000	Principal Investigator
2020-2021	RISE Grant Cape Breton University	<i>Leader recruitment and gender</i>	\$8,000	Co-investigator
2019-2022	Edwards School of Business	Grandey Leadership Scholar	\$45,000	Scholar
2016	Teaching and Learning Framework St. John's Campus Funding Competition	<i>Using Mindfulness Practice to Support Co-operative Education Students' Well-being and Capacities for Awareness, Attention and Reflection</i>	\$22,336	Co-investigator

AWARDS AND HIGHLIGHTS

Outstanding paper award, 2023, Emerald Publishing

Top Tier Journal Award, 2022, \$2000, Edwards School of Business, University of Saskatchewan

Teaching excellence nomination (COMM 105: Introduction to Organizational Behaviour), Edwards School of Business, University of Saskatchewan, 2020

Fellow of the School of Graduate Studies, Memorial University of Newfoundland, 2017-2018

Joseph-Armand Bombardier CGS Doctoral Scholarship, Social Sciences & Humanities Research Council Award, 2015, \$105,000

BMO Financial Group Scholarship, 2015, \$5000

Dean's Doctoral Award, Memorial University of Newfoundland, 2013-2017, \$20,000

Fellow of the School of Graduate Studies, Memorial University of Newfoundland, 2013-2016

School of Graduate Studies Fellowship, Memorial University of Newfoundland, 2013-2015, \$9,500

Rolf G. Hattenhauer Scholarship, March 2013, \$985

TEACHING EXPERIENCE

Sobey School of Business, Saint Mary's University (2022-Present)

- Responsible Leadership, Master of Business Administration (Fall 2023)
- Leading Technological Innovation and Change, Master of Technology Entrepreneurship, and Innovation (Summer 2023, Winter 2024)
- Macro Organizational Behaviour, undergraduate, (Winter 2022, Fall 2023)
- Introduction to Organizational Behaviour, undergraduate (Fall 2023)

Edwards School of Business, University of Saskatchewan

- Leadership, undergraduate (Winter 2021)
- Introduction to Organizational Behaviour, undergraduate (Winter 2018; Winter 2019; Fall 2019; Winter 2021, Spring 2022)

Memorial University of Newfoundland

- Occupational Health and Safety, undergraduate (Fall 2016)
- Employee Recruitment and Selection, undergraduate (Fall 2015)

STUDENT SUPERVISION

Doctoral Dissertation Committees

Ryan Cooke, Saint Mary's University (Supervisory Committee member 2022 – Present)

Master's Thesis Committees

Brooke Listwin, University of Saskatchewan (Supervisory Committee member 2022 – Present)

Master's Thesis Examiner

Natalie Bolen, MSc (Management and Marketing) University of Saskatchewan.
Expecting satisfaction and wholeness: A patient perspective of science communication in a maternity health context, 2020

Undergraduate Honour's Students

Alexa Saleski, B.Comm. Honour's supervisor, University of Saskatchewan. *The role of chronic stereotype threat on women leaders' levels of anxiety in predicting passion for leadership, 2021*

Student research assistant supervision

Serra Al-Katib (Msc), 2023-Present, University of Regina
 Ashish Ganapathy Venkatasubramanian (Bcomm), April 2023-Present, Saint Mary's University
 Lanxi Wang (PhD Psychology), 2022 – Present, Saint Mary's University
 Hannah Walker (Bcomm), 2022, University of Saskatchewan
 Amanda Hundseth (BComm), 2020-2021, University of Saskatchewan
 Julie Ziemer (MSc), 2021-2023, University of Regina
 Mikaila Ortynsky (Msc), 2020-2022, Memorial University of Newfoundland
 Zhanna Lyubykh (PhD), 2019-2022, University of Calgary
 Amanda Hancock (PhD), 2018-2020, Memorial University of Newfoundland

UNIVERSITY SERVICE

Administrative

2023-Present Committee member, Faculty Outreach Committee, Sobey School of Business, Saint Mary's University

2023 Committee member, Flynn Scholarship Selection Committee, Sobey School of Business, Saint Mary's University

2023-Present Committee member, Program review Committee (HR Major), Saint Mary's University

2023-Present Member, University Research Ethics Board, Saint Mary's University

2022 Organizer, Work well, rest well, be well: How experience sampling methods help us understand the new work of work (Talk given by Dr. Laura Venz), Saint Mary's University

2020-2022 Committee member, University SSHRC Committee, University of Saskatchewan

2020-2022 Chair, Grandey Leadership Committee, Edwards School of Business, University of Saskatchewan

2018-2022 Committee member, Research Committee, Edwards School of Business, University of Saskatchewan

2020 Reviewer, Internal SSHRC Grant Review, University of Saskatchewan

2020 Ad-hoc member, Academic Affairs committee, Edwards School of Business University of Saskatchewan

- 2020 Re-reader, HROB Comm 105, Edwards School of Business, University of Saskatchewan
- 2020 Organizer, SSRHC Grant Workshop, Edwards School of Business HROB department, University of Saskatchewan
- 2014-2015 Elected PhD Student Representative, Faculty of Business Administration, Memorial University of Newfoundland

Other University-related Service

- 2023 Panelist, PhD Student Experience, Memorial University of Newfoundland
- 2020 Panelist, SSHRC Workshop Expert Panel, Edwards School of Business, University of Saskatchewan,
- 2019 Mentor, Occupational Health and Safety course (AGMD801) within College of Medicine (February 2019) [Served mentorship role for students as part of final project in this course] University of Saskatchewan
- 2018 Panelist, SSHRC Insight Development Grant Workshop and Q&A Panel, University of Saskatchewan
- 2017 Moderator, Panel discussion at 52nd annual MUN Business Day Memorial University of Newfoundland
- 2015, 2016 Student Ambassador, (2015-2016). Faculty of Business Administration's annual *Partners* event, Memorial University of Newfoundland

ACADEMIC SERVICE

Academic Journals

- 2023 – Present, Editorial Review Board Member, *Journal of Business and Psychology*
- 2023 – Present, Editorial Review Board Member, *Gender in Management: An International Journal*

Ad hoc reviewer

- Equality Diversity and Inclusion
Group & Organization Management
Human Relations
Human Resource Management

Industrial Relations

Journal of Management Studies

Journal of Organizational Behavior

Journal of Occupational and Organizational Psychology

Journal of Occupational Health and Psychology

Journal of Personnel Psychology

Personnel Review

Social Behavior and Personality

Sustainability

Stress and Health

Conference reviewing

Academy of Management conference

European Academy of Management conference

Administrative Sciences Association of Canada Conference

Tri-council reviewer

SSHRC Insight Grant competition, 2019, 2020

Professional Affiliations

Canadian Psychology Association

Academy of Management

Administrative Sciences Association of Canada

European Academy of Management

European Association of Work and Organizational Psychology

PUBLIC OUTREACH

Invited talks and contributions

1. (2023, March). The salience of remote leadership: Implications for follower work-life balance. Presentation for Leadership, Education and Applied Research Network, SMU Psychology/CN COHS, Saint Mary's University, Halifax, NS
2. (2021, February). A New Perspective: Research-based HR, Invited panelist, Human Resource Student Society webinar, University of Saskatchewan, Saskatoon, SK.
3. (2020, November). Gender and Leadership. Presentation for Edwards School of Business Research Seminar Series, University of Saskatchewan, Saskatoon, SK
4. (2020, August). *Women in Leadership*, Presentation for Women Entrepreneurs of Saskatchewan webinar
5. (2020, March). *Stereotype threat: Effects on Women in Leadership*, Mindwell-U webinar.

6. (2020, February). *Mindfulness and leadership: Implications for employee well-being*. Presentation for Canadian Centre for Health and Safety in Agriculture, Saskatoon SK
7. (2020, February). *Mindfulness for Women in Leadership*, Presentation for University of Saskatchewan Students Union, Saskatoon SK.
8. (2019, November). *Mindfulness and Leadership*, Webinar for Eastern Health, St. John's NL
9. (2017, October). *Burnout and leadership style: The moderating effect of mindfulness*. Presentation for Edwards School of Business Research Seminar Series, University of Saskatchewan, Saskatoon, SK
10. (2016, December). *Leadership styles and well-being: The amplifying effects of mindfulness*, Presentation for SafetyNet Centre for Occupational Health & Safety Research, Memorial University, St. John's NL
11. (March 8, 2018). *Women in Leadership* invited Panelist for University of Saskatchewan Students' Union.
12. (2017, November). *Women in workforce speaker night*, presentation for Young Women in Business, Saskatoon SK
13. (2016, May). *Careers in academia* Presentation for Girl Guides of Canada: Mobile, NL

Other outreach activities

Participant, Pay equity roundtable discussion with parliamentary secretary Terry Duguid (November 2018)

Women to women: Empowering leadership (2016, November). Organizing committee member and workshop facilitator. The Lantern, St. John's NL

MEDIA COVERAGE

Collie, M. (2020, May). *For some, working from home can cause loneliness, isolation and depressive symptoms*, Global News, <https://globalnews.ca/news/6929809/coronavirus-work-from-home-negative-side-effects/>

Dujay, J. (2020, March). *Mindfulness tech looks to improve well-being programs*, Canadian HR reporter, <https://www.hrreporter.com/focus-areas/wellness-mental-health/mindfulness-tech-looks-to-improve-well-being-programs/326996>

- Leader, J. (2019, December). *Collaboration aims to improve representation of women in leadership*. Thrive Magazine, <https://www.edwards.usask.ca/thrive2019/collaboration-aims-to-improve-representation-of-women-in-leadership.aspx>
- Radio interview (2019, October). *Commentary on Saskatchewan wage gap*, CBC News Saskatchewan (Regina), October 10, 2019.
- Radio interview/news story (2019, October). *Saskatchewan's gender wage gap third-highest in the country*, CBC News Saskatoon, October 10, 2019. <https://www.cbc.ca/news/canada/saskatoon/saskatchewan-gender-wage-gap-1.5315485>
- Radio interview (2019, August). *Helping women into leadership roles*, CJWW 600 Saskatoon.
- Sutherland, B. (2019, August). *Usask study using mindfulness to empower women in leadership*, Prince Albert Herald, <https://paherald.sk.ca/2019/08/06/usask-study-using-mindfulness-to-empower-women-in-leadership/>
- Hansen, D. (2019, February). *How mindfulness can help business leaders become more positive*. The Globe and Mail, <https://www.theglobeandmail.com/business/careers/business-education/article-how-mindfulness-can-help-business-leaders-become-more-positive/>
- Locke, J. (2019, January). *Being present: Mindfulness program fostering student success at Memorial*. Gazette (Memorial University). <https://gazette.mun.ca/teaching-and-learning/being-present/>
- Leader, J. (2018, November). *Research on Mindfulness and Leadership*. Thrive magazine. <https://www.edwards.usask.ca/news/2018/research-on-mindfulness-and-leadership-.aspx>

PROFESSIONAL DEVELOPMENT

- Case Teaching Workshop (November 7 and 8, 2022). Sobey School of Business, Saint Mary's University. Instructor: Dr. Simon Parker, Ivey Business School
- Enhancing metacognition – Growth mindset and student success (October 2017). Gwenna Moss Centre for Teaching and Learning, University of Saskatchewan
- Teaching and Learning Retreat (September 2016). Instructor: Lyle Wetsch, Faculty of Business Administration, Memorial University of Newfoundland
- Analyzing intensive longitudinal data (January 2016). Instructor: Dr. Jean-Philippe Laurenceau, University of Miami

Intermediate structural equation modelling (June 2014). Instructor: Dr. Larry Williams,
CARMA, Detroit, Michigan

Introductory structural equation modelling (June 2014). Instructor: Dr. Larry Williams,
CARMA, Detroit, Michigan

Teaching Skills Enhancement Program (2014-2015). Instructor: Dr. Albert Johnson,
Memorial University of Newfoundland